Comfortable Feelings...

HAPPY
GLAD JOYFUL UPBEAT THRILLED GIDDY ECSTATIC DELIGHTED CHEERFUL

EXCITED
SURPRISED ENERGETIC PASSIONATE LIVELY AMAZED

ENGAGED
INVOLVED FOCUSED LIVELY OPEN STIMULATED INTERESTED ABSORBED

CONFIDENT
UPBEAT HOPEFUL JAZZED ENCOURAGED

CALM
PEACEFUL MELLOW SATISFIED RELAXED RELIEVED OKAY QUIET CHILL CENTERED GROUNDED AT EASE SECURE

GRATEFUL
APPRECIATIVE THANKFUL TOUCHED MOVED

FASCINATED
INTRIGUED PASSIONATE AMAZED CURIOUS WONDERFUL

LOVING
COMPASSIONATE EMPATHIC KIND WARM TENDER OPENHEARTED

Uncomfortable Feelings...

SAD
UNHAPPY BLUE LEFT OUT AWFUL LOW LONELY BUMMED OUT

UPSET
GLOOMY MISERABLE MOODY OUT OF SORTS DISTURBED BOTHERED UNEASY TROUBLED

TENSE
JITTERY PARALYZED FRUSTRATED EDGY STRESSED OUT ANXIOUS CLOSED AGITATED

TIRED
BEAT BURNED OUT WIPED OUT WORN OUT POOPED EXHAUSTED DEPLETED SLEEPY

MAD
ANGRY CRANKY FURIOUS ANNOYED BOTHERED IRRITATED AGGRAVATED PISSED OFF

BORED
DISCONNECTED NUMB INDIFFERENT WITHDRAWN DETACHED APATHETIC

SCARED
FEARFUL FRIGHTENED AFRAID TERRIFIED WORRIED NERVOUS

EMBARRASSED
ASHAMED FLUSTERED SELF-CONSCIOUS UNEASY MORTIFIED

CONFUSED
UNSURE MIXED UP BAFFLED PUZZLED CONFLICTED

Feeling Chart created by Amy Fabrikant
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